

# Nourishing Healthy Students and School Communities

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EDIBLE  
SCHOOLYARD  
NYC

## AN EDIBLE EDUCATION IS ABOUT MORE THAN JUST FOOD.

*"...[I]t is more important than ever to have students being creative and healthy at home."*

*-Network school principal*

Our cooking and gardening programs nurture healthy school communities where students can thrive socially, emotionally, academically, and physically.

Our programs include in-school kitchen and garden lessons, extra-curriculars, family and community events, food distribution, and professional development workshops.

We believe this work prepares students to lead the way to a **more just and sustainable future for all.**

### STUDENTS...



Engage in and enjoy our programming



Practice social-emotional learning



Develop a commitment to food and environmental justice



Make connections between food education and core academics



Grow, cook, and enjoying eating plant-based foods



We reach all **2,895 students** enrolled at our seven direct service public elementary and middle schools in the South Bronx, Central and South Brooklyn, and East Harlem.



Students participated in **1,413 edible education lessons** last school year.



**97%** of our students tried the food in ESYNYC lessons.\*\*

**"COOKING MAKES MY  
HEART HAPPY, ME AND  
MY HEART HAVE BEEN  
LOOKING FORWARD TO  
THIS CLASS ALL WEEK."**

**-P.S. 109 FOURTH  
GRADER**



## FAMILIES...



Engage with our programs and the school community



Have increased access to plant based food



**700 families** attended an ESYNYC event at P.S. 216 in 2019.



We will distribute over **2,000 hot meals**, produce bags, and meal kits in 2020-21.

## SCHOOLS...



Are flourishing healthy communities



Our schools scored in the top category **"Flourishing"** on the Healthy Schools Progress Report, which is higher than national and NYC averages.\*



"(ESYNYC) SUPPORT(S) OUR SCHOOL VISION OF HAVING A HEALTHY FOOD CULTURE AND PROVIDES EDUCATIONAL SESSIONS AND ACTIVITIES THAT SUPPORT THOSE GOALS AND VISION."

-P.S. 311 SCHOOL STAFF



## EDUCATORS...



Learn to implement kitchen and garden lessons in their own programs



In one year, we trained **473 educators** in our professional development programs, who in turn have reached over **466,000 students**.\*\*



**96%** said they had used something they learned in our workshop in their own food education programming 4-12 months later.\*\*



**100%** of participants reported learning something that they would use in their own food education programs.\*

"WE NEED TO START A HEALTH AND NUTRITIONAL EDUCATION REVOLUTION. ESPECIALLY NOW, THIS IS THE TIME."

-PROFESSIONAL DEVELOPMENT PARTICIPANT

For more information on our programs and impact, visit [edibleschoolyardnyc.org/impact](https://edibleschoolyardnyc.org/impact).

\*data are from 2018-19 school year, which was the most recent full in-person school year

\*\*data are from the 2019-20 school year

Quotes are from 2018-2020