

# **RENEWING AND** REFLECTING

July 2021-June 2022



This school year was a busy and impactful time at Edible Schoolyard NYC. We:

- **†** Returned to **fully in-person** programming with our students
- + Welcomed Executive Director Shanon Morris, MS, RD, CDN
- ★ Led an inclusive and equityfocused strategic planning process
- ★ Deepened our social-emotional learning and food justice programs
- **\*** Expanded our **advocacy** for health, food, and educational equity in NYC

"This is my first time trying cauliflower. At first I was scared, but then I really liked it!" -4th Grader at P.S. 109 in Morris Heights



### **ENGAGING THE** COMMUNITY

This year, we provided both in-person and virtual family and community programs and food distributions, such as pay-what-you-can farm stands, meal kits, and healthy snacks for students. We led professional development (PD) workshops for educators in-person and virtually this year, including workshops like "Teaching Middle Schoolers about Social Justice and the Food System."



attendees at our community programs, which is a 35% increase from last year



total food distributions, which is over double last year's giveaways



of PD participants learned a new skill or activity that they will use in the future

## **NEW SCHOOL** PARTNERS

In spring 2022, we partnered with three new schools in Bensonhurst, Inwood, and Williamsburg, providing garden and outdoor learning support. Students learned about pollinators and food marketing, and they planted vegetables and herbs in their school gardens. In Bensonhurst, we worked with the school community to build a new edible school garden, with tomatoes, peppers, herbs, and more!

## **EXCEEDING OUR GOALS**

We led significantly more programs this year than last. Students in 3K to 8th grade practiced Native American gardening traditions, performed cellular respiration experiments with yeast, and dissected lima beans. They also cooked together, making vegetable dumplings, Hoppin' John burgers, and Arroz Chaufa.



hands-on cooking and gardening lessons taught, a 25% increase from last year



of students tried the tastings in lessons

184

extracurriculars like cooking club and Green Team led, which is a 139% increase from last year

many parents asked me, "Who is this new garden teacher my child keeps telling me about?"

P.S. 18 in Williamsburg

### IMPACTS INSIDE AND OUTSIDE OF ESYNYC

Based on surveys this year, parents and school teachers have shared that our students are growing sociallyemotionally, choosing healthier foods, and engaging more in their other classes and at home.

#### Teachers say...

- ★ Two out of three teachers report students are making academic connections between ESYNYC lessons and core classes, like math and science
- ★ 79% of teachers say students feel safe, welcome, and excited to participate in ESYNYC programming
- Over half of teachers report students are positively engaged, not only in ESYNYC lessons but in other classes as well

#### Parents report...

ESYNYC programming is **shifting students' relationship with food**. They report their students are more mindful about their food choices, more adventurous about trying new foods, and applying the lessons they learn at home.

"It's helped him be more adventurous with trying new foods. It has also sparked his interest in gardening."

> -Parent at Brighter Choice Community School in Bedford-Stuyvesant

# EXPANDING OUR CURRICULUM

We expanded our food and environmental justice curriculum, creating two units for upper elementary and middle school students. These units cover topics such as farm worker rights, biodiversity, and environmental impact of the food system.

- ★ 309 students participated in the food and environmental justice curriculum this year
- ★ 89% of students said they have a better understanding of the people needed to support the food system

We also invested in social-emotional learning (SEL). Our teaching and program staff attended **trainings on SEL and trauma-informed instruction**, and we piloted a socialemotional observation tool.

## EDIBLE EDUCATION ADVOCACY

We advocated for health, food, and educational equity, as well as edible education for every child in New York City. We gave testimony on food education and school gardens to the US House Rules Committee and NYC Council and served on coalitions like the Mayor's Food Policy Transition Team, NYC Food Policy Alliance, and Food Education Coalition.

### **THANK YOU!**

Thank you to our students, school partners, families, staff, volunteers, and supporters for making this school year a success. We look forward to next school year, when we will grow our organization and implement our new strategic plan. **We hope you will join us on the journey!** 

