IN THE 2022-2023 SCHOOL YEAR, EDIBLE SCHOOLYARD NYC reached nearly 4,000 students and taught over 2,200 lessons across 16 public schools.

Findings based on survey and program data from the 2022-2023 school year demonstrate the impact of our work. Edible Schoolyard NYC’s hands-on cooking and gardening programming:

- Supports students’ interest in healthy eating;
- Fosters social and emotional development;
- Helps kids feel more positively towards school;
- Supports students’ academic engagement;
- Provides opportunities for kids to practice environmental stewardship; and
- Helps kids learn to advocate for the environment.

Edible Schoolyard NYC promotes students’ interest in eating healthy

7 in 10 students said they learned to like a new fruit or vegetable during ESYNYC classes.

Because of ESYNYC classes, most caregivers strongly agreed or agreed that their child had shown more interest in:

- Eating healthy (95%)
- Eating fruits (89%)
- Eating vegetables (86%)

“Children learn to socialize, share, and eat healthy ... It is a great experience for all of them.”

-School staff member

Edible Schoolyard NYC fosters kids’ social and emotional development

Most school staff strongly agreed or agreed that ESYNYC classes:

- Positively contributed to students’ emotional well-being (96%)
- Helped students develop cooperation skills (96%)
- Helped students become more confident overall (91%)
- Helped students learn about each other’s cultures (90%)
Edible Schoolyard NYC helps kids feel positively towards school, and supports their academic engagement

Most school staff:

- Agreed or strongly agreed that their students felt more positively towards school because of ESYNYC (88%)
- Said their students made connections between ESYNYC classes and their core academic curriculum (78%)
- Said that ESYNYC classes helped students understand an academic topic (80%)
- Strongly agreed or agreed that ESYNYC was accessible for students with intellectual and physical disabilities
- Strongly agreed or agreed that ESYNYC was accessible for English Language Learners

“"The kids get so excited for cooking and gardening class. They make so many great connections with the classes to our activities.””

-School staff member

Edible Schoolyard NYC helps kids practice environmental stewardship and connect with nature

Most school staff strongly agreed or agreed that ESYNYC increased students’:

- Sense of stewardship toward the earth (86%)
- Understanding of their capacity to advocate for the environment (84%)